

UNEMPLOYMENT INSURANCE

Links from the New York State Department of Labor

[How to File a Claim for Unemployment Insurance](#)

Note: Any claim you file will be backdated to the date you became unemployed. If you are eligible, you will be paid for all benefits due.

[Frequently Asked Questions about Unemployment Insurance During the Coronavirus Emergency](#)

[What You Need to Know and Do About the CARES Act](#)

The federal CARES Act was signed into law March 27, 2020. The Act provides enhanced Unemployment Insurance (UI) benefits and Pandemic Unemployment Assistance (PUA) for New Yorkers.

[Information about Pandemic Unemployment Insurance](#)

Pandemic Unemployment Assistance (PUA) provides payment to workers not traditionally eligible for unemployment benefits (self-employed, independent contractors, workers with limited work history, and others) who are unable to work as a direct result of the coronavirus public health emergency.

[Complaints Related to COVID-19 Regulations](#)

Governor Cuomo enacted a law that provides benefits - including sick leave, paid family leave, and disability benefits - to New York employees impacted by mandatory or precautionary orders of quarantine or isolation due to COVID-19. If your employer does not comply with this law, you have the right to file a complaint.